



# Farm Safety Checklist ✓

## What to Wear.

- 9 Wear warm clothes especially in winter, and strong shoes.  
Bring a rain jacket in case it rains.
- X Do not wear flip-flops, sandals or any delicate clothes.
- X Do not wear skates, wheelies or roller blades.
- Wear high visibility clothing so that you can be seen
- Wear a proper riding helmet & back protector when doing horse riding
- If you have long hair, keep it tied up and not left loose.
- X Do not wear loose fitting clothes
- X Do not wear clothes with straps or strings such as hoodies that can snag.

Are you ready for your farm visit?



## When on the farm.



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## What to bring.

- Make sure someone in the group has a mobile phone with them for emergencies.
- Ensure the phone battery is charged and has credit to make a call in an emergency.
- Make sure you know the phone number of the farmer, parents or guardians.
- X Don't go on skateboards or scooters.

REMEMBER Always wash your hands really well with soap and water after visiting a farm.

